

Glossary of key HIV and Hepatitis terms -

Swahili

Acupuncture	tiba sindano
Adherence	unaminfu, ufuasi
Affect	athiri, gusa
AIDS	UKIMWI
Amount	jumla, kiasi, kadiri
Antibiotic	viua vijasumu, kiua vija (sumu)
Antibody	zindiko, kinga, fingo
Approximate	karibia, kisia
ART	dawa ya kurefusha maisha
Awareness	ufahamu, utambuzi
Bacterial	vijidudu, vijimea
Balanced diet	mlo kamili, chakula bora
Blood vessel	mshipa wa damu
Chills	kipapa, homa ya baridi
Chronic	ya kudumu, ya kuselelea, kali mno
Combination	muungano, mchanganyiko, uunganishaji
Compliance	kufuatana na,
Complimentary	ya ziada
Conclusion	hitimisho, uamuzi
Confidentiality	kuweka siri
Contaminate	haribu, najisi, tia uchafu, ambukiza
Cosmetic	ya kipodozi
Curable	ya kuponyeka
Cure	dawa, matibabu, kupona
Damage	hasara, madhara (v) haribu, hasiri, vunja
Decision	uamuzi
Dehydration	mpweo, upotevu wa maji mwilini
Diagnose	tambua ugonjwa kwa dalili zilizopo
Diagnosis	uchunguzi yakinifu wa jambo
Diet	mwiko
Dietary	-enye kuhusu chakula (mwiko, mzio, ugunga)
Dosage	kipimo na masharti ya matumizi ya dawa
Effective	ya kufaa, -enye nguvu
Examine	chunguza, pima, pimwa
Experience	uzoefu (n), pitia, pata uzoefu (v)
Extensive	ya kuenda mbali, kubwa, enye eneo kubwa
Fat	mafuta, shahamu
Functioning	kazi, shughuli
Genetic	ya kizazi
Genetics	jenetikia,
Genotype	jenotaipu
Herbal	mitishamba
HIV	VVU, virusi vya UKIMWI
HIV positive	mwathirika HIV, mwenye HIV
Homeopathy	tiba inayotoa dalili za ugonjwa
Hormone	homoni
Infection	ambukizo
Inflammation	mwako, moto, uvimbeuchungu, usumbufu, joto

Inject	piga sindano,
Injection	kuingiza dawa ya sindano
Interfere	jiingiza, ingilia, zuia
Investigate	chunguza, peleeza
Irritability	enye harara, enye kuudhika upesi
Itchiness	mwasho, vipele (v) washa
Level	kiwango, ngazi
Libido	shiki, nyege
Lifestyle	mazoea ya maisha, kikao, fesheni,
Manage	ongoza, simamia, endesha (control) tawala, tiisha, tunza
Massage	singa musuli
Menstruation	mwezi
Minimise	punguza kabisa
Monitor	fuatia, simamia
Option	uchaguzi, hiari
Partner	mwenzi
Physiotherapist	mtaalum wa tiba maungo
Practitioner	mweledi
Professional	mtaalamu
Qualified	ya sifa, rasmi
React	athiri, jibu, onyesha hisia, pokea, (against) pinga, kataa, geukia
Referral	peleka, rejesho
Regular	ya kawaida, ya mazoea
Relaxation	ulegezaji, ulegevu, burudani
Safe sex	ngono salama
Scarring	kovu, baka
Serious	ya maana, zito, siocheka, (illness) ya hatari
Severe	kali, kalifu
Sexually transmitted	wa ngono
Social worker	mfanyakazi wa ustawi wa jamii
Specialist	mtaalamu, bingwa
Standard	sanifu
Structure	muundo, umbile
Subsidised	toa ruzuku, kusaidiwa, kipunguzo
Substance	dutu, kitu, maana, nguvu, uthabiti
Success	ufanisi, mafanikio
Supplement	nyongeza, ziada
Support	msaada
Suspend	tundika, angika, simamisha, ondoa kwa muda
Suspension	kuangika, kuondoshwa kwa muda kusimamishwa
Tattoo	chanjo, chale, mchoro
Therapist	mtaalam wa matibabu
Therapy	matibabu, tiba
Toxin	sumu, toksini
Transfusion	upaji wa damu, kupa damu
Transmit	ambukiza, eneza
Viral load	kiwango/kiasi cha virusi
Vomit	matapishi (n)