

HIV TESTING IS FREE AND PRIVATE. YOUR HEALTH, YOUR CHOICE

MULTILINGUAL TOOLKIT

HIV AWARENESS WEEK 2025



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World AIDS Day/ HIV Awareness Week 2025

HIV Awareness Week occurs on the last week of November, leading up to World AIDS Day on 1st December.

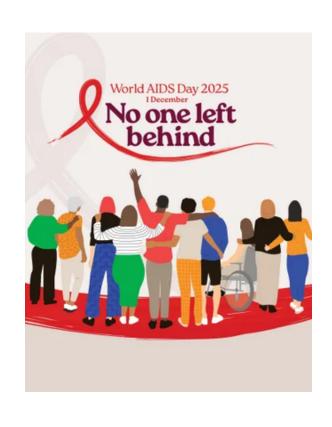
It is an important time to raise awareness and address the challenges associated with HIV, and work collaboratively to reduce HIV stigma and discrimination.

The theme this year, "Rethink. Rebuild. Rise" and the Australian theme 'No one left behind', highlights the importance of taking action to increase HIV testing, treatment and prevention. Together we stand against inequality, promote understanding and advocate for human and health rights in the ongoing battle against HIV/AIDS.

We invite you to join us in supporting the HIV Awareness Week campaign. By sharing multilingual resources through your organisation's social media channels and digital platforms, you can help raise awareness and increase accessibility of HIV information and testing for our diverse communities.



World AIDS Day Australia resources







Social media tile

Social media banner

Poster



Visit the World AIDS Day website for more information and upcoming events

Suggested text for social media

Key message	Copy text	Asset
HIV Awareness Week 2025	HIV testing is a normal part of looking after your health – just like a check-up or other health tests. This HIV Awareness Week, the theme is 'No one left behind'. Help spread awareness around HIV and let's make HIV and sexual health screening part of regular healthcare.	World AIDS Day 2025 No one left behind
HIV Testing	Do you know your HIV status? The only way to know if you have HIV is to have a HIV test. There are many options to get a HIV test. You can get tested at a local doctor, sexual health clinic, family planning clinic, with a <u>Dried Blood Spot (DBS) test</u> or at a <u>MyTest vending machine!</u> Use this <u>interactive map</u> to find out where you can get tested for HIV and STIs.	My health, My way. From a MyTest vending machine near you. Test in private, fast results.
MHAHS HIV Booklet	HIV is a preventable condition. People living with HIV can live long and healthy lives with proper care and management. Find out more information about HIV in your language via the MHAHS website. Our "HIV What You Need To Know" booklet is available in Arabic, Chinese, Indonesian, Portuguese, Spanish, Thai and Vietnamese.	HIV WHAT YOU NEED TO KNOW



Re-share our posts! Keep an eye out on the MHAHS Facebook page to easily re-share social media posts.

HIV. What You Need to Know booklet



English



Thai



Arabic



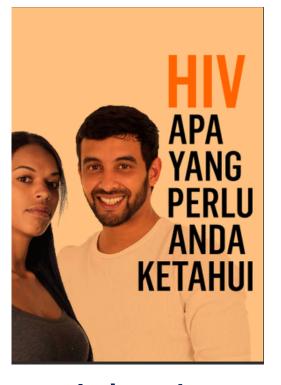
Spanish



Chinese



Portuguese



Indonesian



Vietnamese

A comprehensive resource providing essential information about HIV.

Produced by MHAHS



PrEP

PrEP stands for Pre-Exposure Prophylaxis. It is a medication used to protect and prevent getting HIV. PrEP is recommended for people who are at high risk of getting HIV. When used as prescribed, PrEP is highly effective at preventing HIV infection. A prescription from a doctor is required to access PrEP. The <u>PrEP Access Now</u> website provides information on cost-effective options to access PrEP.

PrEP Factsheet





download here **Arabic** download here Chinese **English** download here download here Indonesian **Portuguese** download here download here **Spanish** download here Thai download here Vietnamese

DBS Testing resources

Dried Blood Spot (DBS) Testing offers eligible individuals the convenience of testing for HIV in the comfort of their own homes, eliminating the need for doctor visits. It's a simple, reliable and confidential method that allows community members to order a free DBS testing kit online, provide a fingerprick blood sample on the test card provided, and send it back to the laboratory for testing. Results are provided by a nurse within a week.

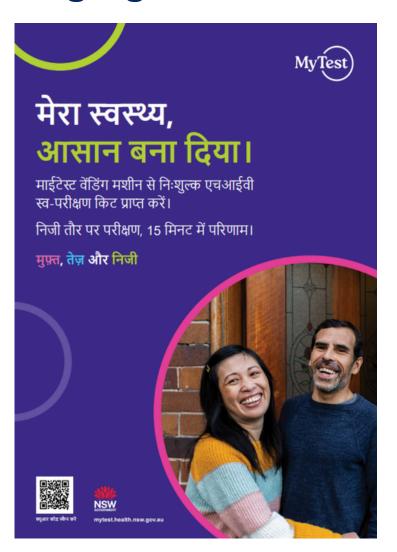
DBS demonstration video



Arabic download here
Chinese download here
English download here
Indonesian download here
Thai download here
Vietnamese download here

MyTest

MyTest is a NSW Ministry of Health initiative designed to improve access to free HIV self-test kits through vending machines located across NSW. These self-tests provide a confidential and convenient option for individuals to check their HIV status. The website provides information about HIV and testing and is accessible in seven languages.









Multilingual social tiles



English Malay

Arabic Portuguese

Chinese Spanish

Hindi Thai

Indonesian Vietnamese



HIV-related stigma videos











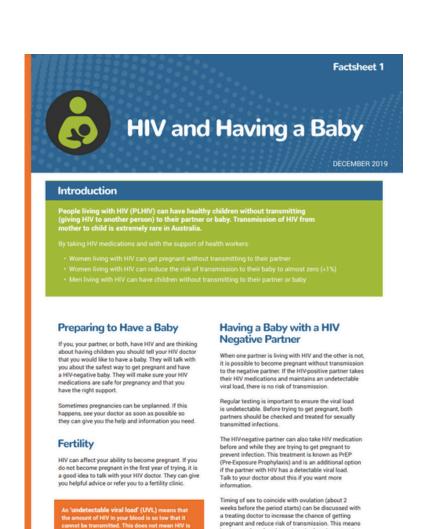
Pozhet is pleased to introduce the full series of videos exploring the lived experiences of Pozhet clients. The videos address the stigma and discrimination experienced by people with HIV from the general community.

The series unpacks issues that are topical for heterosexual people living with HIV; the relaxed Q & A format of the interviews allows Pozhet clients to share their experiences organically, often in a jovial manner.

Watch here

Living well with HIV: Multilingual Factsheets









In-language factsheets developed by Pozhet, with support from MHAHS. Available in 10 priority languages:

- Arabic
- Chinese Simplified
- Hindi
- Indonesian
- Mongolian
- Nepali
- Portuguese
- Spanish
- Thai
- Vietnamese

Download here

NAPWHA Social Media Assets

Elevate your impact with these ready-to-use, themed digital and social media material developed the National Association of People with HIV Australia.

Share across your social platforms, websites and e-newsletters to help start conversations about HIV.



Information available in Thai,
Simplified and Traditional Chinese,
Vietnamese, Spanish and
Portuguese.

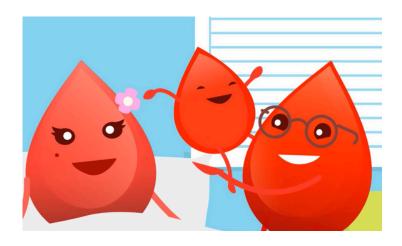
Download assets here

Multilingual video resource hub

Never Tested for HIV



Bloodspot Stigma Animation







Back From Overseas



Travel and HIV





HIV Education Package

The 'Understanding Human Immunodeficiency Virus (HIV)' education package is designed to provide accurate and up-to-date information with the aim of:

- Increasing participant awareness and knowledge about HIV prevention, testing, and treatment
- Promoting regular testing for people at risk of getting HIV
- Encouraging participants and their communities to access NSW healthcare services, and
- Addressing misinformation and stigma that people may have about HIV



Download the English facilitator guide here

Download the PowerPoint slides below



Download the PDF versions of the slides below

<u>Arabic</u>

Arabic

<u>Bengali</u>

Bengali

English

English

Simplified Chinese

Simplified Chinese

Traditional

Traditional

Indonesian

Indonesian

<u>Nepali</u>

Nepali

<u>Portuguese</u>

Portuguese

Spanish

Spanish

<u>Thai</u>

Thai

<u>Urdu</u>

Urdu

Service directory



NSW MHAHS

- Level 1, 300 Bridge Road, Forest Lodge NSW
- (02) 9515 1234
- info@mhahs.org.au



Pozhet

- Level 1, 300 Bridge Road, Forest Lodge NSW
- pozhet.org.au
 - pozhet@pozhet.org.au



ACON

- 414 Elizabeth Street, Surry Hills, NSW
- (02) 9206 2000
- acon@acon.org.au

Bobby Goldsmith Foundation

BGF

- Sydney:
 Level 3, 111-117
 Devonshire Street
 Surry Hills, NSW
- Western Sydney:
 Level 3, 90 Phillip Street
 Parramatta, NSW
- (02) 9283 8666
- bgf@bgf.org.au

Service directory



NSW Sexual Health Infolink

- 1800 451 624
- thealbioncentre.org.au



NSW Users and AIDS Association

- 304 Crown Street, Surry Hills, NSW
- (02) 9171 6650
- nuaa.org.au



Positive Life NSW



(02) 8357-8386 or 1800 245 677 (freecall)

contact@positivelife.or g.au



The Albion Centre

- 150 Albion Street, Surry Hills NSW
- (02) 9332 9600
- thealbioncentre.org.au

*By appointment only, no walk-ins

Thank you

For more information, email info@mhahs.org.au

NSW Multicultural HIV and Hepatitis Service (MHAHS)

www.mhahs.org.au @TheMHAHS



